

SPEAKING YOUR MATE'S LOVE LANGUAGE

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Complete the following sentence 15- 20 times with tangible behaviors. Some examples might be;
"I feel loved and cared for when you call me in the middle of the day to say you were thinking about me." *"When you hug me and tell me you love me before I leave"*

Then meet with one another and go over your lists together. Take your mate's list and commit to doing **TWO** of these things **EVERY** day, NO MATTER WHAT!

"I feel loved and cared for when you..."

To take the "LOVE LANGUAGES" inventory go to:

<http://www.5lovelanguages.com/profile/>