



WELCOME, VISITORS!

We are delighted you came today! Looking for a church home? We warmly invite you to be part of our church family! To help us get to know you better, or if you have questions, please fill in this form, tear it off, and drop it in the offering plate or give it to an usher or pastor. You can also submit a Digital Connection Card at www.churchofthemessiah.org/contact. Please feel free to call us anytime at 757-436-2545 or visit our website, ChurchoftheMessiah.org. God bless you!

Date: _____

Name: _____

Phone: _____

Address: _____

Email: _____

Would you like to be contacted?

- Yes No By phone By email

Please check all that apply:

- I would like a pastor to contact me.
- First-time visitor Returning visitor
- I would like to know more about Church of the Messiah
- I would like to know more about the Christian faith.
- I have decided to renew my commitment to Christ.
- I would like prayer (see reverse).

My response to today's message:

CELEBRATIONS

Happy Birthday

- January 28: Aubree Shields
- January 29: Mary Lafferty
- February 3: Mahari Hayes

Please Pray

Please join us in praying for these requests throughout the week (Prayer requests will appear for one month unless requested otherwise.)

OUR NATION AND WORLD:

- An end to hostilities in Israel and peace and healing for all people.
- Protection and healing for our nation, and an end to racism and violence
- Guidance for our leaders in government
- Help for all affected by war and violence, disease, and natural disasters
- A movement of revival at home and abroad

OUR CHURCH FAMILY:

Fr. Nigel Mumford, Mary Lafferty, Sandra Brown, Tom Waldman, Misty Taylor, Josh Corona, Aaron Woodward (son of Ellen Belfi), our healthcare workers, all of our members of the military, and Sanctuary of Hope, our companion church

OUR OVERSEAS MISSIONARIES:

Aaron and Winnie Coleman-Horvat, Croatia
The Rev. Bisoke Balikenga, Democratic Republic of Congo
David & Betsy, Turkey
His Love in Action School for the Deaf in Honduras
Miriam Brinckley, Ireland
CMJ (Church's Ministry Among Jewish People)

WORLDWIDE ANGLICAN CHURCH:

Gulf Atlantic Diocese

AND THE DIOCESE OF THE MID-ATLANTIC:

Incarnation Anglican Church • Williamsburg, VA
Korean Anglican Church in Maryland • Baltimore, MD

If you would like our prayer ministry to pray for a special need, please submit a confidential Prayer Request online at www.ChurchoftheMessiah.org/contact. Please indicate if you would like your prayer request included in the bulletin, sent only to the prayer team, or both.



Our mission is to make tangible the life-transforming power of God's love so that all may come to know Christ.



The Fourth Sunday of Epiphany • January 28, 2024

816 Kempsville Road • Chesapeake, VA 23320

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Web: ChurchoftheMessiah.org **Facebook:** [ChurchoftheMessiahChesapeake](https://www.facebook.com/ChurchoftheMessiahChesapeake)

RECTOR: The Rev. Dr. Martin K. O'Rourke

ASSOCIATE PASTOR: The Rev. Nile Gomez

CHILDREN'S MINISTRY DIRECTOR: Pastor Ken Shomo

DEACON: The Rev. Tom Sweeney

WEEKLY SERVICE INFORMATION

Sunday Service with Eucharist 10:00 a.m.

In-Person or Livestream at www.ChurchoftheMessiah.org/Livestream
Children's Church · Fellowship Hall (After Worship until Communion)
Today's Teachers: Pastor Ken Shomo, Jonathan Bekker

Monday Prayer Meeting · Online at 7:00 p.m.

Via Zoom · Meeting ID 928 2372 1136

The Fourth Sunday of Epiphany · January 28, 2024

PRAYER: O God, you know that we are set in the midst of many grave dangers, and because of the frailty of our nature we cannot always stand upright: Grant that your strength and protection may support us in all dangers and carry us through every temptation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

First Reading: Deuteronomy 18:15-22 **Page 144**

Second Reading: 1 Corinthians 8:1-13 **Page 852**

(Response after each lesson: *Thanks be to God.*)

Gospel: Mark 1:21-28 **Page 744**

(Responses: *Glory to You, Lord Christ. ... Praise to You, Lord Christ.*)

Sermon: **Frail Vessels, God's Power** Pastor Nile Gomez

Reader: Jim Bohannon

Eucharistic Ministers: Jim Bohannon, Chris Woodland

Prayer Team: Colleen Lucas, Marie Markham

THIS WEEK AT MESSIAH

Today	10:00 a.m.	Sunday Service (Sanctuary & Livestream)
	12:00 p.m.	Children's Baptism Class (1)
Monday	7:00 p.m.	Parish Prayer Meeting (online via Zoom)
Tuesday	7:00 p.m.	Joyful Noise Club Meeting (online via Zoom)
Wednesday	7:00 p.m.	Vestry Meeting
Thursday	9:30 a.m.	Women's CBS Day Class
	7:00 p.m.	Co-Ed CBS Evening Class
Saturday	10:00 a.m.	Men's Ministry Meeting (Fellowship Hall)



40-DAY LENTEN JOURNEY WITH JESUS: Write a devotional for inclusion in a devotional booklet for use throughout Lent. Sign up in the foyer for one of 40 passages from Mark's Gospel; after you've prayed over it, write a brief explanation (360 word max), applying it to Lent and our lives at home, work or school. Submit devotionals to messiah@churchofthemessiah.org by February 7. Electronic formats are preferred, but print copies are also accepted.

ANNUAL PARISH MEETING & VESTRY ELECTIONS will be held during the service next Sunday, February 4. Vestry nominations are still being accepted, so continue to prayerfully consider individuals (including yourself) who you feel may be called to this leadership role.



BABY BOTTLES for Crisis Pregnancy Center's LifeChange campaign are in the foyer. Please consider supporting this important ministry by filling a bottle with spare change, currency or checks. Bottles are due back by February 25.

THE MEN OF MESSIAH will meet this Saturday, February 3, at 10:00 am in the Fellowship Hall. Plan to come join time of fellowship, teaching, and prayer. The Men's Ministry meets the first Saturday of each month.

100 CONVERSATIONS CHALLENGE: Get better at connecting people to the Gospel through this 4-week online training course aimed at helping you reach out to spiritually-open people in your zip code. The course begins February 5; to learn more about this exciting opportunity, visit www.100conversationschallenge.com (or scan the QR code!).



INTERESTED IN SMALL GROUPS? Pastor Nile will be holding short info sessions about the Small Group Ministry every second Sunday, starting on February 11. Come to the Fellowship Hall after the service to hear about the vision/mission of this ministry, learn about hosting/facilitating small group, and ask questions.

FLAPJACKS ARE BACK! Messiah's annual Shrove Tuesday Pancake Supper will take place Tuesday, February 13, at 5:30 pm. Come hungry to this fun time of fellowship, where we will be joined by our friends from Joyful Noise Club!



JOIN US ONLINE IN PRAYER each Monday at 7:00 pm on Zoom. Enter Meeting ID 928 2372 1136 into your Zoom app, or go to www.bit.ly/Monday-Prayer.

JOYFUL NOISE MEETS ONLINE THIS WEEK. Join us on Zoom this Tuesday, January 30, at 7:00 pm. This is the FIFTH Tuesday of January; we will return to our regular schedule in February. Helpers are always needed at our in-person meetings to set up, distribute pizza and drinks, clean up, and share God's love with our members! See Pastor Marty or Wendy for details, and join the fun!

2023 CONTRIBUTIONS STATEMENTS are available in the foyer. Please save a stamp and pick yours up today! Those not picked up will be mailed next week.

PRAYER REQUESTS

We believe God answers prayer! If you would like our prayer ministry to pray for your special need, write your request below, tear off the tab, and place it in the offering plate. God bless you!

Date: _____

Name: _____

Prayer Needs: _____

- Include in bulletin
- Prayer team only
- Prayer team and bulletin