

# Wonderfully Made... *why?*



## ***Know God***

***...our bodies reveal his design.***

## ***Show God***

***...our bodies image him in every good endeavor.***

## ***Love Others***

***...our bodies are fine tuned for relationship.***

# Wonderfully Made: Emotions in the Image of God



# Emotions are...

## *Wonderfully Made*

**Love:** The Lord set his heart in love on your fathers... therefore love the sojourner... - Deuteronomy 10

**Joy:** “Let the nations be glad and shout for joy” - Psalm 67

**Anger:** “And he [Jesus] looked around at them with anger, grieved at their hardness of heart.” - Mark 3

**Sorrow:** Jesus began to be sorrowful and troubled - Mtt 26

**Peace:** “And the peace of God...will guard your hearts and minds in Christ Jesus.” - Philippians 4

# Emotions are...

## *Wonderfully Made*

What the Bible teaches  
about emotion & the body:

*The heart* describes our  
deepest thoughts, feelings,  
and motivations.

*The body* experiences and  
expresses emotion.



# Emotions are...

## *Wonderfully Made*

“For my iniquities have gone over my head;  
Like a heavy burden, they are too heavy for me.  
My wounds sink and fester because of my foolishness,  
I am utterly bowed down and prostrate;  
All the day I go about mourning.  
For my sides are filled with burning,  
And there is no soundness in my flesh.  
I am feebled and crushed;  
I groan because of the tumult of my heart. - Psalm 38

# Emotions are...

## *Wonderfully Made*

“Then he said to them, ‘My soul is very troubled, even to death; remain here, and watch with me.’ And going a little farther, he fell on his face and prayed...” - Matt 26

And when he has found it, he lays it on his shoulders, rejoicing. And when he comes home, he calls together his friends and his neighbors, saying to them, “Rejoice with me, for I have found my sheep that was lost.” Luke 15

Emotions are...  
*Wonderfully Made*

Do you believe your  
emotions are  
wonderfully made?



# Emotions... *Image God*





# Emotions... *Image God*

Made in God's Image

God's Emotions and  
God's heart

God's emotions and the  
story of grace



# Emotions... *Image God*

Yet the Lord set his affection on your ancestors and loved them, and he chose you, their descendants, above all the nations... Deut 10

For God so loved the world that he gave his only begotten Son. John 3



Emotions... *Tell a Story*



# Emotions... *Tell a Story*

Contrast:

*Haman's Rejoicing:*

Esther 5:9-10

*Peter's Rejoicing:*

Acts 5:41



\* See also Psalm 4:6-7

# Emotions... *Tell a Story*

Listen to your  
emotions...

*What story is  
being told?*



# Emotions... *Create Connection*



# Emotions... *Create Connection*

Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honor one another above yourselves...

*Rejoice with those who rejoice; mourn with those who mourn.*



Romans 12