

Glorify God in your Body





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Voice: *And they cried out with a loud voice, "Salvation belongs to our God who sits on the throne, and to the Lamb!" Rev. 7:10*

Praising: *Through Jesus, therefore, let us continually offer to God a sacrifice of praise--the fruit of lips that confess his name. Heb 13:15*

Singing: *singing psalms and hymns and spiritual songs with thanksgiving ... Col. 3:16*



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Kneeling: *For this reason I bow my knees before the Father-* Ephesians 3:14

Lifting Hands: *I will praise you as long as I live, and in your name I will lift up my hands.*Ps.63:4

Lifting Eyes/Heads: *Lift up your eyes and look to the heavens...*Isaiah 40:26

Bowing, Standing, Prostrating, Dancing ...





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Christianity is the only one of the great religions which thoroughly approves of the body—which believes that matter is good, that God Himself once took on a human body, that some kind of body is going to be given to us even in Heaven and is going to be an essential part of our happiness, our beauty and our energy. This is part of what makes Christianity stand out. It has been common among other religious (and nonreligious) belief systems to demean the body, along with our physicality—to see it as something unspiritual or in need of escaping.

C.S.Lewis



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Flee from sexual immorality.

Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

1 Corinthians 6:18-20