

It has been a wonderful experience to compete in the Olympic Games and to bring home a gold medal. But since I have been a young lad, I have had my eyes on a different prize. You see, each one of us is in a greater race than any I have run in Paris, and this race ends when God gives out the medals.

Eric Liddell

The background of the image shows a close-up of a hand holding a pencil, poised to write on a piece of aged, yellowish paper. The lighting is warm, creating soft shadows and highlights on the skin and paper. The text is overlaid on the right side of the image.

Our
Commitment:
Finish the Race

The man who loves his life will lose it, while the man who hates his life in this world will keep it for eternal life... Now my heart is troubled, and what shall I say? Father, save me from this hour'? No, it was for this very reason I came to this hour. Father, glorify your name!

John 12: 25-28

*And being found in appearance
as a man, He humbled Himself
and became obedient
to the point of death,
even the death of the cross.*

Philippians 2:8

Anyone who loves his father or mother more than me is not worthy of me; anyone who loves his son or daughter more than me is not worthy of me; and anyone who does not take his cross and follow me is not worthy of me. Whoever finds his life will lose it, and whoever loses his life for my sake will find it.

Mat 10:37-39

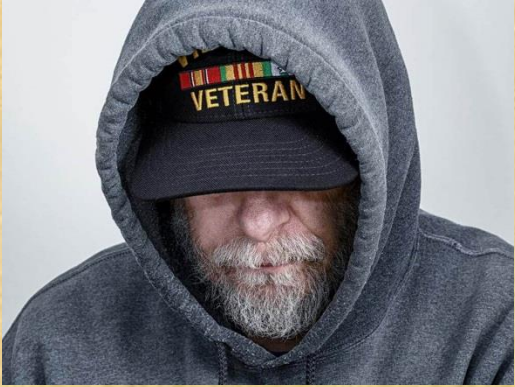


- *Know that the Holy Spirit is at work inside you to transform you into His likeness.*
- *Commit yourself to become like Christ*
- *Train Yourself to be more flexible to show Christ's love.*
- *Use the closeness of relationships to learn to love and accept one another*
- *Pray to become like Christ*



Protective Factors

- Good physical health.
- Social and emotional well-being.
- Financial stability.
- High quality of life and/or other social determinants of health (such as secure employment, secure housing, safe environment, food security, strong support systems, and engagement in community).



Protective Factors

- Access to health and mental health care (including substance misuse treatment).
- Sense of connectedness and belonging.
- Satisfying interpersonal relationships.
- Effective problem-solving skills.
- Belonging to a faith-based community.
- Sense of mission or purpose.