

Life Lived in the Spirit The Book of Ephesians

Chapter 4

Living a Life of Unity



- Chapter 1 and 4 are gargantuan because they serve as introductory chapters for the two topics in Ephesians
- For 3 chapters, Paul through the Holy Spirit, has been talking primarily to the Gentiles about how they have won the lottery. As a result of these winnings, they are in a different status of life.
- Therefore, Paul wants to emphasize, not only are their salvation winnings totally without cost, and they are also more valuable than they could ever imagine or think.
- Chief among their new benefits is the presence of Holy Spirit **WITHIN THEM**.
- Finally, he started preparing them to become Spiritual Warriors.



- To prepare the Gentiles for the spiritual conflict, through the Spirit, Paul laid out the Victory Plan of Father God.
- Furthermore, he said because of the rebellion Satan led, and the subsequent choice made by the old Adam, we became children of the rebellion, i.e., children of the devil.
- Father God, Who is omniscient, (i.e. all knowing), had already put this contingency into His Battleplan.



V 22 “...Behold, the man has become like one of us knowing good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever –

VV 23-24 therefore, He drove out the man and woman out of the garden...and placed cherubim to guard it.”

- What does this tell us about human beings, vs cherubim?



V 22 “...Behold, the man has become like one of us knowing good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever –

VV 23-24 therefore, He drove out the man and woman out of the garden...and placed cherubim to guard it.”

- What does this tell us about human beings, vs cherubim?
- Up to this point, of the created creatures, only the angels are eternal in their being. Humankind on the other hand, is finite.



V 22 “...Behold, the man has become like one of us knowing good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever –

VV 23-24 therefore, He drove out the man and woman out of the garden...and placed cherubim to guard it.”

- What does this tell us about human beings, vs cherubim?
- Up to this point, of the created creatures, only the angels are eternal in their being. Humankind on the other hand, is finite.
- If Adam and Eve reach out and eat of the Tree of Life, they will not only know good and evil, but they will also become eternal in their being like angels.



V 22 “...Behold, the man has become like one of us knowing good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever –

VV 23-24 therefore, He drove out the man and woman out of the garden...and placed cherubim to guard it.”

- Therefore, the cherubim are given the critical assignment to keep the man/woman out of the Garden because of their superior strength.
- But God also pledged that a human being would crush the serpent’s head.



- When Satan rebelled by trying to get the angelic host to worship him instead of God, he boasted himself against God by taking God's Throne. (We learned that in Is 14:13-14 & 2 Thess 2:4.)



- When Satan rebelled by trying to get the angelic host to worship him instead of God, he boasted himself against God by taking God's Throne. (We learned that in Is 14:13-14 & 2 Thess 2:4.)
- This blatant act of sin left a stain that had to be erased. Father God had such a Battle Plan to erase the stain of sin, a plan that required the shedding of blood.



- When Satan rebelled by trying to get the angelic host to worship him instead of God, he boasted himself against God by taking God's Throne. (We learned that in Is 14:13-14 & 2 Thess 2:4.)
- This blatant act of sin left a stain that had to be erased. Father God had such a Battle Plan to erase the stain of sin, a plan that required the shedding of blood.
- Hebrews 9:22, "***Indeed, under the law, almost everything (I purified, I purified) with blood, and without the shedding of blood there is no forgiveness of sins.***" Then V26b: "***...But as it is, he has appeared once for all at the end of the ages to put away sin by the sacrifice of himself.***"



- When Satan rebelled by trying to get the angelic host to worship him instead of God, he boasted himself against God by taking God's Throne. (We learned that in Is 14:13-14 & 2 Thess 2:4.)
- This blatant act of sin left a stain that had to be erased. Father God had such a Battle Plan to erase the stain of sin, a plan that required the shedding of blood.
- Hebrews 9:22, "***Indeed, under the law, almost everything (I purified, I purified) with blood, and without the shedding of blood there is no forgiveness of sins.***" Then V26b: "***...But as it is, he has appeared once for all at the end of the ages to put away sin by the sacrifice of himself.***"
- In short, Jesus had to go to the cross.



- **When the first Adam was deceived, phase two of the Battle Plan was unfolded. In this phase, there are two actions that must take place:**

1. For the victory to be complete, God had to demonstrate to the Heavenly host who did not fall for the deception of Satan, that if a weaker creature would put their trust in God, they would be able to stand against a stronger creature, i.e., an angel. Thus, Father God came in the person of Jesus, the son of God, thus satisfying the need for a human being to stand against the demonic host.



- **When the first Adam was deceived, phase two of the Battle Plan was unfolded. In this phase, there are two things going on:**

2. The stain of sin had to be erased in Heaven. So, Jesus went to the cross shedding His righteous blood, therefore, erasing the stain of sin, not only from Heaven, but from the human race for all who accept this free gift of salvation. In doing this, Father God, in His infinite mercy, through His Son Jesus Christ, has completely brought about reconciliation between Himself and humankind. (Eph 1:10.)



- The Battle Plan remained a mystery, completely hidden within the Trinity, UNTIL the tearing of the veil following the death of Jesus on the cross.



- The Battle Plan remained a mystery, completely hidden within the Trinity, UNTIL the tearing of the veil following the death of Jesus on the cross.
- The tearing of the veil or the curtain if you will, in the temple, meant that there was NO FURTHER NEED OF AN INTERMEDIARY BETWEEN GOD AND HUMANITY.



- The Battle Plan remained a mystery, completely hidden within the Trinity, UNTIL the tearing of the veil following the death of Jesus on the cross.
- The tearing of the veil or the curtain if you will, in the temple, meant that there was NO FURTHER NEED OF AN INTERMEDIARY BETWEEN GOD AND HUMANITY.
- The Battle Plan, and subsequent victory, would be celebrated on the first day of the week, known hereafter, as Resurrection Sunday.



- How would this victory plan be implemented going forward?
 - On the Day of Pentecost, the plan of victory would be deposited into the church that Jesus prophesied after Peter's confession.
 - The church now has the responsibility to **DECLARE THE VICTORY** and **LIVE THE VICTORY** in the world, demonstrating to all the Heavenly Host the greatness and goodness of God the Father, God the Son, and God the Holy Spirit.



“Declare the Victory,” and “Live the Victory,”

These are the key phrases as we head
into the next phase of the Letter to the
Ephesians.



Eph 4:1-6 “I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit—just as you were called to the one hope that belongs to your call— one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all.”



- It is vitally important, as you carry out this incredible mission... ..that you not fall into the same trap as Satan and get a big head.
- Therefore, as you walk, walk in all humility and gentleness, with patience, bearing with one another.
- Do you know what, “*bearing with one another,*” means?



- It is vitally important, as you carry out this incredible mission... ..that you not fall into the same trap as Satan and get a big head.
- Therefore, as you walk, walk in all humility and gentleness, with patience, bearing with one another.
- Do you know what, “*bearing with one another,*” means?
- Learn to be with each other, because the demonstration of unity is critical.



We have heard about unity in Chapter 1, 2, and 3.

- Why is unity so important?
- No one pressed the importance of unity more than Jesus.
 - One of the greatest pictures of unity is found in the High Priestly Prayer of Jesus.



The High Priestly Prayer of Jesus VS Ephesians

- Just like Eph 1, it is affirmed in the prayer that Jesus was before Creation and is one with the Father.
- Then Jesus prays for the unity of the disciples.
- Then, just like Ephesians 4 directs us, Jesus prays the disciples will move out in mission and ministry in unity with each other—why—so that they will have joy.



The High Priestly Prayer of Jesus VS Ephesians

- Jesus prays for those of us who come to know the Trinity through the word of the disciples. This is so important Jesus prays for our unity in this prayer 3 times: “*that they may be one,*” “*that they may be one,*” and finally, “*that they may be PERFECTLY one.*” WHY—so the world will know that the Father sent the Son.



The High Priestly Prayer of Jesus VS Ephesians

- In many ways in the Letter to the Ephesians, Paul is echoing the High Priestly Prayer of Jesus.



The Importance of Unity

- Just like the Trinity Itself, unity is the essential structure of the church, and love is the mortar that holds the church together.



The Importance of Unity

How is unity possible when we still bear the stain of sin until our restoration is complete.

1. It is possible to practice unity in this sinful world because Jesus has already brought all things together in Heaven and earth.



The Importance of Unity

How is unity possible when we still bear the stain of sin until our restoration is complete.

1. It is possible to practice unity in this sinful world because Jesus has already brought all things together in Heaven and earth.
2. We are endowed with a God who, as Paul says, is one hope, one Lord, one faith, one baptism, and one God and Father of us all, Who is through all and in all! In other words, our bodies are now the Temple of God.



The Importance of Unity

How is unity possible when we still bear the stain of sin until our restoration is complete.

1. It is possible to practice unity in this sinful world because Jesus has already brought all things together in Heaven and earth.
2. We are endowed with a God who, as Paul says, is one hope, one Lord, one faith, one baptism, and one God and Father of us all, Who is through all and in all! In other words, our bodies are now the Temple of God.
3. Therefore, you have all the authority and power you need to **DECLARE** the victory of God and **LIVE** the victory of God through the power of unity.



Ephesians 4:7-10 *“But grace was given to each one of us according to the measure of Christ’s gift. Therefore it says, “When he ascended on high he led a host of captives, and he gave gifts to men.” (In saying, “He ascended,” what does it mean but that he had also descended into the lower regions, the earth? He who descended is the one who also ascended far above all the heavens, that he might fill all things.)”*



Ephesians 4:7-10 *“But grace was given to each one of us according to the measure of Christ’s gift. Therefore it says, “When he ascended on high he led a host of captives, and he gave gifts to men.” (In saying, “He ascended,” what does it mean but that he had also descended into the lower regions, the earth? He who descended is the one who also ascended far above all the heavens, that he might fill all things.)”*

- Paul seems to address the question: What happened to the believers of the Hebrew Scriptures?



There are two things Paul may be doing here:

1. While the word “unity” does not appear in this section, and then reappears strongly in the next section, there is a word that really jumps out at you. What is it?
 - The word, “one” is very prominent. Therefore, what Paul may be doing is taking a moment to unify the Hebrew age with the Age of the Holy Spirit they are leaving in the post-resurrection era.²
2. As Paul brings the two eras together, he is addressing the destiny of those who died earnestly awaiting the coming of the Messiah.



This section of Ephesians may have also influenced the Apostle's Creed

- These verses may tell us why, “*He descended to the lower regions and set the captives free!*” Jesus then led these captives on high so He might fulfill ALL things.
 - In the Hebrew Scriptures it talks about the people going to the lower regions, sometimes called Sheol.
 - I am speculating here, but it seems there was a place, perhaps of no joy nor no pain, where the faithful of the Hebrew Scriptures went to continue their wait for the Messiah.
 - We get one other glimpse of this world in the account Jesus gave of the rich man and Lazarus in Luke 16.



Ephesians 4:8 & 11-16 *“Therefore it says, ‘When he ascended on high he led a host of captives, and he gave gifts to men.’ ...And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.”*



Ephesians 4:8 & 11-16

- So, what did God do in verses 8 & 11-12?
 - He gave GIFTS, verse 8. What gifts? He gave gifts to certain men and women of faith, gifts that would empower them to equip the saints to carry on the essential role of **DECLARING** the victory plan and **LIVING** the plan



Ephesians 4:8 & 11-16

- So, what did God do in verses 8 & 11-12?
 - He gave GIFTS, verse 8. What gifts? He gave gifts to certain men and women of faith, gifts that would empower them to equip the saints to carry on the essential role of DECLARING the victory plan and LIVING the plan
- New believers MUST BE DISCIPLED.
 - If they are not discipled, they become prime targets of the demonic host to cause all kinds of trouble in the church, or in the Body of Christ if you will.
 - Paul warns the Galatians about this very thing: Gal 5:15 *“But if you bite and devour one another, watch out that you are not consumed by one another.”*



Ephesians 4:8 & 11-16

- A communication and training strategy must be set up to equip new believers if they are to Declare and Live the new victory plan.
- To accomplish this, there must be a “Marshall Plan,” if you will, to begin the restoration.



Ephesians 4:8 & 11-16

- A communication and training strategy must be set up to equip new believers if they are to Declare and Live the new victory plan.
- To accomplish this, there must be a “Marshall Plan,” if you will, to begin the restoration.
 - Thus, Father God has appointed Apostles (these are those who are constantly going out to take new territory)



Ephesians 4:8 & 11-16

- A communication and training strategy must be set up to equip new believers if they are to Declare and Live the new victory plan.
- To accomplish this, there must be a “Marshall Plan,” if you will, to begin the restoration.
 - Thus, Father God has appointed Apostles (these are those who are constantly going out to take new territory)
 - prophets (those who speak into darkness and bring conviction)



Ephesians 4:8 & 11-16

- A communication and training strategy must be set up to equip new believers if they are to Declare and Live the new victory plan.
- To accomplish this, there must be a “Marshall Plan,” if you will, to begin the restoration.
 - Thus, Father God has appointed Apostles (these are those who are constantly going out to take new territory)
 - prophets (those who speak into darkness and bring conviction)
 - evangelist (those who invite and gather new converts)



Ephesians 4:8 & 11-16

- A communication and training strategy must be set up to equip new believers if they are to Declare and Live the new victory plan.
- To accomplish this, there must be a “Marshall Plan,” if you will, to begin the restoration.
 - Thus, Father God has appointed Apostles (these are those who are constantly going out to take new territory)
 - prophets (those who speak into darkness and bring conviction)
 - evangelist (those who invite and gather new converts)
 - pastors and teachers (these roles are interchangeable and serve to care for and bring up new believers and train them so that everyone grows up!)



Ephesians 4:11-14

- What is the indicator of the maturity they are seeking?
 - The measure of success is the growth in maturity of believers, (i.e., we stop being like children)
 - Maturity is measured by how Christ-like we are becoming, (i.e., how well we are able to stand when someone tries to convince us that our faith is a fable or should be more sensitive to the changing culture.)



Ephesians 4:11-14

- **Why is maturity so important?**
 - We must never forget:
 1. We are still in Satan's territory (1 John 5:19)
 2. The rebellion in Heaven first occurred by deceit, i.e., the devil deceiving himself and then deceiving a host of angelic beings.



Ephesians 4:11-14

- **For these two reason:**
 1. We are to stop being babies in our faith. Loved ones, we need to understand that no one person can help us grow up. A pastor and teacher can put out the necessary nutrients for us to eat, but the pastor cannot force it down our gullet.



Ephesians 4:11-14

- **For this reason:**
 1. We are to stop being babies in our faith. Loved ones, we need to understand that no one person can help us grow up. A pastor and teacher can put out the necessary nutrients for us to eat, but the pastor cannot force it down our gullet.
 2. We need to actively seek to heighten our awareness (i.e., increase our discernment) of the power of the demonic to use human cunning and cleverness to deceive us. How?
 - We do it by increasing our prayer life and by asking for increased discernment! James 1:5 says, *“If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given...”*



Ephesians 4:11-14

- **How does the devil use deceit?**
 - Satan hates for you to grow up and learn about the Scriptures as he does. The more you are saturated and equipped with the Scriptures, the greater your ability to withstand temptation from the devil, like Jesus did after His baptism.
 - Deceit plays itself out most effectively in the area of human feelings: Feelings are the playground of the devil. He loves to manipulate your feelings because it is so easy to do so.
- Making sure we are consuming a steady diet of Scripture gives a truth source against which we can check out feelings.



Ephesians 4:15-16

To avoid being deceived, we must do two things:

1. We need to saturate ourselves with the truth. In other words, speak the truth in love every chance you get.

2 Thessalonians 2:9-10 *“The coming of the lawless one is by the activity of Satan with all power and false signs and wonders, and with all wicked deception they refused to love the truth and so be saved.”*



Ephesians 4:15-16

To avoid being deceived, we must do two things:

1. We need to saturate ourselves with the truth. In other words, speak the truth in love every chance you get.
 - 2 Thessalonians 2:9-10 “*The coming of the lawless one is by the activity of Satan with all power and false signs and wonders, and with all wicked deception they refused to love the truth and so be saved.*”
2. We need to realize and accept our responsibility as part of a body.
 - We are the Body of Christ in the world. There is no other plan for the spread of the Gospel. As such, EACH PERSON MUST do their part, or the Body will suffer and be unable to work to its fullest potential.
 - The Body will not stop working, but it will not function at full capacity



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- As Gentiles, after we put our trust in Jesus as the Messiah, we also put aside the ways of life of a Gentile.



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- As Gentiles, after we put our trust in Jesus as the Messiah, we also put aside the ways of life of a Gentile.
- We must begin the process of sanctification with the renewing our minds, i.e., thinking like a Christian.



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- As Gentiles, after we put our trust in Jesus as the Messiah, we also put aside the ways of life of a Gentile.
- We must begin the process of sanctification with the renewing our minds, i.e., thinking like a Christian.
- This is a process that can take some time. Depending how steeped in Gentile thinking you were, it can take years.



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- As Gentiles, after we put our trust in Jesus as the Messiah, we also put aside the ways of life of a Gentile.
- We must begin the process of sanctification with the renewing our minds, i.e., thinking like a Christian.
- This is a process that can take some time. Depending how steeped in Gentile thinking you were, it can take years.
- That’s why we confess our sins daily and seek to be cleansed with the never-ending stream of God’s grace.



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- As Gentiles, after we put our trust in Jesus as the Messiah, we also put aside the ways of life of a Gentile.
- We must begin the process of sanctification with the renewing our minds, i.e., thinking like a Christian.
- This is a process that can take some time. Depending how steeped in Gentile thinking you were, it can take years.
- That’s why we confess our sins daily and seek to be cleansed with the never-ending stream of God’s grace.
- Just because you slip up, does not mean you can’t get up and start again.



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- Where should go to reprogram our minds?



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- Where should go to reprogram our minds?
- Yes, in the Scriptures.



Ephesians 4:17

“Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.”

- Where should go to reprogram our minds?
- Yes, in the Scriptures.
- When you read something that pricks your conscience, don't get mad, and certainly DO NOT skip over it.
- Take it in and GROW UP!



Ephesians 4:18-19

“They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.”



Ephesians 4:18-19

“They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.”

- It is important that you stop walking around letting any stray thought that enters your mind, to take you captive. When we do that, we are witnessing to our FORMER life as a Gentile that was walked as a child of the Devil.



Ephesians 4:18-19

“They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.”

- It is important that you stop walking around letting any stray thought that enters your mind, to take you captive. When we do that, we are witnessing to our FORMER life as a Gentile that was walked as a child of the Devil.
- Paul says that the motivating factor of Gentile behavior is ignorance of the truth and a hardness of heart that refuses to even consider another way of life.



Ephesians 4:18-19

“They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.”

- It is important that you stop walking around letting any stray thought that enters your mind, to take you captive. When we do that, we are witnessing to our FORMER life as a Gentile that was walked as a child of the Devil.
- Paul says that the motivating factor of Gentile behavior is ignorance of the truth and a hardness of heart that refuses to even consider another way of life.
- When we refuse to saturate our minds with the truth of Scripture, we remain under the control of the Gentile way of promiscuity and every kind of impurity and greed.



Ephesians 4:18-19

Why we need to renew our minds



Ephesians 4:18-19

Why we need to renew our minds

- If you give your life to Jesus, your soul belongs to Jesus. This is a **HUGE DEFEAT** for satan.
- So, the only thing he has left, is to damage your witness.



Ephesians 4:20-24

“But that is not the way you learned Christ!— assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness. Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.”



Ephesians 4:20-24

- You believing Gentiles have removed your garment full of stains and put on a new garment as you continue in the process of becoming renewed.



Ephesians 4:20-24

- You believing Gentiles have removed your garment full of stains and put on a new garment as you continue in the process of becoming renewed.
- Take note of a very important process Paul notes in this phase of walking the walk of faith.
 - In verse 21, “...*assuming you have heard about Him, and were taught in Him...*”
Hearing about Jesus is the first step, this is the DECLARING the victory plan phase.



Ephesians 4:20-24

- You believing Gentiles have removed your garment full of stains and put on a new garment as you continue in the process of becoming renewed.
- Take note of a very important process Paul notes in this phase of walking the walk of faith.
 - In verse 21, “...*assuming you have heard about Him, and were taught in Him...*”
Hearing about Jesus is the first step, this is the DECLARING the victory plan phase.
 - The second part of this verse, “*being taught in him,*” is connected to verse 22, “*put off the old self,*” and “*put on the new.*”
 - ❖ This second phase is a very intentional act. YOU must enter into the learning plan, and YOU must tear down the strongholds of your life that are rooted in your Gentile life.



Ephesians 4:25-32

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.



Ephesians 4:25-32

“Therefore, because of everything I, Paul, have told you, and because you are still in the process of sanctification, you will occasionally slip, therefore, be aware of the following:”

1. Speak truth each one of you to their neighbor:
i.e. DECLARE the Victory Plan (Zechariah 8:16-17)
2. It’s okay to be angry, after all you are human, but do not sin: i.e., LIVE the Victory Plan.
(Psalm 4:4)
3. Do good, honest work so you have something extra to share with others if needed. (Deut 25:13-16; Eze 22:13 & 27; 1 Tim 3:8; Luke 3:10-14)



Ephesians 4:25-32

4. Speak good for the building up of the Body: In other words, let your speech be grace-filled. (Prov 22:11; 1 Tim 4:12; Titus 2:8)

5. Do not grieve the Holy Spirit: What does this mean? It has several meanings. For example, to deny the Holy Spirit, to reject Jesus as Savior (unforgiveable sin), to interrupt the Spirit when He begins to move in a group of believers, to engage in actions contrary to who we are in Christ. (Psalm 31:1; Matt 12:31-32; 1 Thess 5:19; 2 Tim 3:16; 1 John 2:27)

6. Do not be a contrary, difficult, lying, gossiping, nasty person:

7. Be kind, compassionate, and forgiving: (Matt 10:42 & 18:23-35; Mark 11:25; Luke 17:3-4; Col 3:12-17)





This Photo by Unknown Author is licensed under [CC BY](#)