

Transforming
Concerns and Complaints
into
Conversations with God

I plead with Euodia and I plead with Syntyche to agree with each other in the Lord. Yes, and I ask you, loyal yokefellow, help these women who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow workers, whose names are in the book of life.

Philippians 4:2-3

*Do everything without complaining
or arguing, so that you may become
blameless and pure, children of
God without fault in a crooked and
depraved generation, in which you
shine like stars in the universe,
holding up the word of life...*

Philippians 2:14-16a

Psalm 142

A maskil [Probably a literary or musical term] of David. When he was in the cave. A prayer.

I cry aloud to the LORD; I lift up my voice to the LORD for mercy. I pour out my complaint before him; before him I tell my trouble.

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all.

Philippians 4:2-3

We meet the command first in 2:18 where Paul tells the Philippians that they “should be glad and rejoice” with him, and then again in 3:1: “Finally, my brothers, rejoice in the Lord.” And, lastly, here in 4:4: “Rejoice in the Lord always; again I will say, Rejoice.”

The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:5-7

To Know Christ

I want to know Him (Christ)

and the power of his resurrection -

*the sharing of his sufferings by becoming
like him in his death...*

To Know Christ

I want to know Him (Christ) -

Lord deepen by desire to know Christ.

and the power of his resurrection -

May I experience a greater manifestation of
the power of his resurrection in my life.

*the sharing of his sufferings by becoming
like him in his death – Lord, may I die to self
and live for Christ*